

MELKUTUS  
(Finland)

Finnish polka with a small decoration step.

Pronunciation: MEL-koo-toos

Music: 2/4 meter.

Formation: A circle of cpls facing R (LOD).

Steps: Polka, Melkutus step.  
Melkutus step: Hop onto R ft while L ft swings out in front slightly, then brush the L back to ground and lift the R bkwd slightly. Hop onto the L ft while the R swings out in front slightly, then brush the R back to ground and lift the L bkwd slightly. W start the sequence by hopping onto the R ft, M by hopping onto the L.

meas

Pattern

- 1-8 Cpls go fwd in the circle with eight Melkutus steps, beginning on the outside ft.
- 9-16 Cpls dance eight polka steps continuing in the circle while turning CW; ptrs hold each other by the shldr.

Presented by Susanna Daley